SHM BASKETBALL HOLIDAY CLINIC Thursday, 23rd JAN 2020

Sacred Heart Basketball Holiday Clinic *Run by Coach, Brendan Mathes.*

Thursday 23 Jan 9am – 3:30pm

Year 3, 4, 5 & 6 - Boys/Girls

Location: SHM school grounds

Cost: \$80 for the day

Contact for further information: *shmbbcoordinators@gmail.com*

BOOK NOW:

https://www.trybooking.com/BHBRU

Specialist BB Clinic's that includes; ball handling, dribbling, passing, footwork, defense, shooting, rebounding, team play and sportsmanship.

This is a structured program to increase individual and team skills. It teaches the importance of having a good attitude & discipline, patience, and team work.

A fun holiday clinic that players can improve their overall basketball skills and knowledge of the game!

*N.B: only for registered basketball students