



Heartfelt Term Four, Week Seven

The Joy of Advent....

"If comparison is the thief of joy we need to learn how to steal the joy back. Look for it, give thanks for it, celebrate and invite people into it."

[@frmikeschmitz](#)

This is a timely reminder of what needs to be our focus during the next few weeks. The season of Advent commences on Sunday 1st December and it is with anticipation and hope that we start our journey towards the birth of our king and what it really means to us in our daily lives.

It's only human nature but this time of year brings many opportunities for comparisons. Holidays are planned, school awards are given, HSC results come out.....the list is endless. It's easy to feel the pressure, which surrounds busy people striving to achieve. So how do we get off the conveyor belt of life and bring back joy?

The story of Job is an amazing example of God's pure loving kindness and faithfulness. Everything was taken away from him; his Job, his family, his home, his wealth, his joy and his health. All through these trials and hardships, Job praised god and never gave up. He let his faith be bigger than his fear and the consequence was that he lived with joy. We can all be happy people. It just takes a positive mindset and loads of practise.

The bible says where there is pain in the night, joy comes in the morning. God says he will fight your battles for you and you will not even have to lift a finger in your own defence! Prayer is the greatest way to change your mindset (long or short, fast or slow). Praise God! Find the positive! Look for joy! Give thanks for it ! Welcome Advent with joy!

"The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full. " John 10:10



This Monday 2nd December we will be taking in snacks to Vinnies. These will be distributed in the evening during Vinnies Night Patrol. The vans visit two parks, one in Sydney CBD and one in Central and then they go to Martin Place. If you would like to bake, please wrap all snacks individually in zip lock plastic snack bags and drop off at the school office before 8.40am on Monday morning.



\$20 CHRISTMAS VOUCHERS FOR VINNIES KIDS

The Marian Women's refuge was so thrilled with the donations raised last year. We raised \$1600 for them, \$1000 in vouchers for the kids at the refuge and \$600 for the families which was distributed accordingly during the month of January.

As you can imagine, the Christmas / January period is a very sad one for mothers and their children who are fleeing violence and they are consequently distanced from their families and friends. Our donation of \$20 made such a difference to their lives last year and I'm sure we can do a great job this year too!

The QKR app is now live. Please donate if you can. The app will close on Friday 13th December.

ANNUAL CHRISTMAS HAMPERS

Look out for baskets in your classroom. Each grade will be given a list of products and it would be great if you could bring in a few items. It's not a "fill the bag" project (like we did with Jesuit Social Services)...just a few items from each child for our Vinnies local community at Christmas time.

This week's SPaR:

"Ready or Not....here I come"

Come and join us for coffee and reflection.

It's the best half hour of the day....



SHM Little Hearts Story Time



Last week we learned what the sign of the cross meant and we sang a great song while making wonderful cross necklaces. The girls had a wonderful time!

Preschoolers are joyful!

This Wednesday 27/12 we will focus on creation. How wonderful is the world we live in!



S H M



Little Hearts

Join us for storytime



and fun on

Wednesdays

S H M library

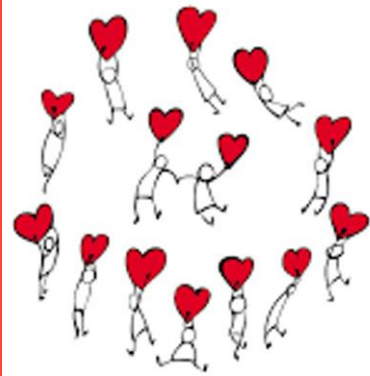
at 9am



weeks 2 to 9



AGES 2 TO 5 WELCOME



"And he took
the children in
his arms,
placed his
hands on them
and blessed
them."

Matthew 10:16



SAINTS QUIZ ...



Look out for our saints quiz in the school foyer.

Email mary.lozina@syd.catholic.edu.au and I'll send you a copy.

**LAST DAY IS FRIDAY 29TH
NOVEMBER!!**

SAINTS BOOKLET AND TOURS

The Class saints tours have been a roaring success! As we told the students, the statues are a form of art. They are a way of telling and retelling the stories of the admirable heroes of Catholic history.

We started our first tour with Mrs Loughland and 4G. The students were respectful, reflective and they had interesting questions about the various saints in our church. The following day we introduced 2G to our saints. I cannot believe how much these intelligent little students knew! They were delightful! Please make sure you ask them about their favourite saint.

If you are interested in learning more about the saints in our SHM Church, please email mary.lozina@syd.catholic.edu.au for a saints booklet. It would be a nice idea to take your child into the church and do a little mini saints tour. The children enjoy hearing about the saints and it brings the statues to life.

KNIT-A-BIT KNITTING CLUB -

Thursdays second lunch for years 4 to 6



For our experienced knitters, we are making trauma bears to donate to children in need. Congratulations to year 5 who are leading this project.



Join us every Thursday we gather in the parish hall at 6pm to pack left over bread from the bakeries in the area. We distribute the bread to various charities, who welcome the gift of bread and friendship. Email mary.lozina@syd.catholic.edu.au for more details.

PARISH NEWS.....

Please see the flyer for Noel's deaconate ceremony and the Christmas concert for Sydney Harbour North.

We hope to see you at the youth Mass on Sunday at 6pm followed by pizza in the parish hall.

Parish bulletin link:

http://www.shnparish.org.au/index.php?option=com_content&view=article&id=75&Itemid=55

May God guide you gently through the week and may he hold you in the palm of his hand.

Mary Lozina
Family Educator



YOUTH



MASS



First Sunday of each month at 6pm

Sacred Heart Church, Mosman

Followed by a Pizza Supper for youth
in Sacred Heart Parish Hall





You are invited to

The Ordination to the Diaconate of

Mr. Noel Patrick Custodio

by the

Most Reverend Dr. Richard Umbers

Auxiliary Bishop of Sydney

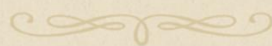
Saturday 14 December 2019

6.15pm

Vigil of the Third Sunday of Advent

Sacred Heart Parish Church

23 Cardinal Street, Mosman NSW 2088



RSVP Essential by 4 December

secretary@shnparish.org.au or

(02) 8969 3200

Mosman Music Club &
Mosman Musical Society presents

Christmas is coming.

A CONCERT DEVISED BY
DR JIM COYLE & ALAN ZIEGLER



CALL FOR YOUNG SINGERS

Are you 8 years old or older and want to sing in a Christmas concert with professional singers, orchestra and conductor? We need a chorus of young voices for a Christmas Concert in Mosman conducted by Dr Jim Coyle. Singers need to be able to come to 4 Sunday afternoon rehearsals (1-2pm, 24th November – 15th December) in Mosman and a general rehearsal on Saturday 21st December. The concert will be on Sunday 22nd December at 2pm. No need to audition or try out.

If you are interested, please ask your parents to email Susan Boyle at sujo29@bigpond.com stating your age and singing experience.



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